THE KANSAS CITY STEAK STANDARDS

SOURCE
Cattle from producers with known and approved management methods

GRADE
Primarily USDA Choice, USDA Prime

CUT
Exact specifications for trim, weight, thickness, length

COLOR
Consistent, cherry red colored stock (prior to aging)

MARBLING
Primarily cuts with moderate to abundant marbling

TEXTURE
Finely textured and firm

AGING
Up to 28 days (where appropriate)

A SHARED BELIEF IN QUALITY

The Kansas City Steak Company is proud to be part of National Beef Packing Company, an industry leader with long-standing partnerships with some of the best cattle ranchers in America. Our distinctly unique relationship with over 2,300 ranchers sets us apart from the competition, and ensures top-quality cattle are raised and managed correctly. Applying our shared beliefs and standards, we work together to bring the best to your table.
**MEET THE EXPERTS**

The Kansas City Steak Cook Team is a diverse and talented group of chefs who live all over the country. These award-winning chefs have contributed some of the delicious, mouthwatering recipes and tips you’ll find in this book.

**VERONICA CALLAGHAN**  
HOME COOK  
Five Time World Food Championship Competitor and Two Time Mark West Wines Grilling Challenge Winner  
Connecticut

**LOUIS ROBINSON**  
CHEF OWNER  
Winner of Avocados from Mexico® “Guac-n-Roll” Competition and World Food Championship Competitor  
Florida

**ERIC HARLAND**  
STEAK EXPERT  
Food Network Star, World Food Championship Ambassador, 2015 Macy’s “Grilling Guru” Champion and Hormel Chili Pro  
Kansas City

**DARCI BOS**  
CHILI HOME COOK  
World Food Championship Chili Finalist and Ambassador, 2017 Contestant on Gordon Ramsay’s “The F Word” on FOX  
Nashville

**SHERRI WILLIAMS**  
GRILL MASTER  
Food Network Star, Five Time World Food Championship Competitor, 2014 Macy’s “Grilling Guru” Champion, Contestant on Guy Fieri’s “Guy’s Big Project” 2017  
Florida

**CORTNEY RILEY**  
BLOGGER, FOOD STYLIST & HOME COOK  
Winner of Chef Roll Super Guacamole Contest 2017 and World Food Championship Competitor  
Kansas City

**ADRIAN CRUZ**  
CHEF OWNER  
James Beard Foundation Top 5 Blended Burger Winner 2016 and Culinary Fight Club Champion 2017  
Texas

**FREQUENTLY ASKED QUESTIONS**

**WHAT IS THE DIFFERENCE BETWEEN PRIME AND CHOICE CUTS OF MEAT?**

To earn the USDA Prime designation, beef must earn a specific quality grade at the time of slaughter. This grade is based on a combination of marbling (the amount of fat within the Ribeye) and age of the animal. Less than 5-6 percent of all beef produced in the United States earns this designation. Marbling adds flavor, and younger beef cattle produce the most tender meat, which is why the Prime grade is given to younger cattle with the most abundant marbling. The Choice grade is given to meat that comes from younger cattle with moderate marbling. It is still very flavorful, tender and juicy.

**WHAT DOES AGING MEAN?**

Beef can be wet or dry aged. In general, aging is a process which improves the tenderness and flavor of meat. Kansas City Steak Company uses a wet-aging process, which allows the steak to age naturally in our vacuum-sealed packaging. During this up-to-28-day process, beef flavor is intensified and natural tenderization takes place. We maintain this is the absolute best way to prepare meat for grilling, broiling, pan frying or oven roasting.

**KANSAS CITY STRIP OR NEW YORK STRIP?**

Not to offend New Yorkers, but the “strip” cut actually originated in Kansas City. That’s where cattle have roamed and been butchered for more than a century. In the 1930s, some New York restaurant owners didn’t want to sell a steak named after a Midwestern “town.” The truth of the matter is that this cut is from the short loin. It can be boneless or bone-in and is called Kansas City Strip.

**HOW LONG CAN I FREEZE MY STEAKS?**

Your steaks will still be of exceptional quality for up to a year after receiving them, but for optimum taste and tenderness, we recommend enjoying them within six months. We'd bet the ranch that once you try your first steak from the Kansas City Steak Company, you won’t be able to wait that long!

**WHAT'S THE DIFFERENCE BETWEEN PORTERHOUSE AND T-BONE STEAKS?**

The two cuts have most everything in common, except one detail. Both have T-shaped bones and contain two cuts in one – a Kansas City Strip Steak and a Tenderloin, also called Filet Mignon. If you have a larger appetite, choose the Porterhouse, which has a larger Tenderloin. Because of this difference, the T-Bone Steak is considered a lean cut.

**IF LEAN’S YOUR THING, HERE ARE FIVE LEAN CHOICES:**

Top Sirloin  
Kansas City Strip  
Sirloin Craft Burger  
Filet Mignon (Tenderloin)  
T-Bone

"Tie up your filet mignon with some kitchen twine. This will hold it together for uniform cooking and create a beautiful presentation. For flavor, another option is basting and adding flavor layers of garlic, thyme and butter.”  
– Chef Eric Harland
Preparing a memorable meal at home starts by selecting the perfect cut for your occasion. With Kansas City Steak’s guarantee, you know that whatever cut you choose will be of the highest quality. A great steak is not defined by a single attribute, but by a combination of all the standards present in nearly every cut. Below are some considerations for selecting the perfect steak for any meal.

THINGS TO LOOK FOR WHEN SELECTING THE PERFECT STEAK

AGING IS IMPERATIVE
Sometimes beef is rushed to market in order to cut costs, but the aging process is an important component in creating a full flavored, tender steak. It’s difficult to know how long the steak you buy in a supermarket has been aged, if at all. We wet-age our steaks up to 28 days, which results in great tasting, tender steaks.

RECOGNIZE MARBLING
Marbling refers to the intermingling or dispersion of fat in the muscle of the meat. Flavor and juiciness are directly connected to marbling, which keeps the meat moist. Because this fat doesn’t evaporate while cooking, the result is flavorful, juicy steak.

PERSONAL PREFERENCE
Selecting which type of steak to enjoy is truly a personal decision. While bone-in steaks can create a dramatic presentation and boast a lot of flavor, boneless steaks tend to be easier to cut, which some find more convenient. (However, on page 9, we offer advice on carving, and- with a little practice- cutting bone-in steaks is a breeze.) So, whether it’s a Kansas City Strip or Porterhouse, we say that the best type of steak is the one you prefer. Perfect for any occasion, our steaks are available in a variety of cuts and can be prepared in a variety of ways.

TENDERNESS IS ESSENTIAL
A key component to the tenderness of your steak is knowing your cuts of beef. Some cuts, such as the Filet Mignon and Ribeye, start out a more tender cut than others. Cooking times and techniques also affect tenderness; find tips and tricks throughout this book to help you cook your Kansas City Steak perfectly. No matter the cut you select, our perfectly aged steaks ensure optimum tenderness.

PROPER FREEZING AND THAWING
Our FlavorLock™ System is our scientifically tested, state-of-the-art rapid freezing process. Perfectly aged, freshly cut steaks are subzero frozen, vacuum packed and shipped with dry ice straight to your door in perfect condition. Buying fresh beef and slowly freezing it at home does not create the same result. Our system stops the aging process at its peak and prevents moisture loss during thawing. Vacuum-sealed packaging protects our premium steaks from freezer burn. We strongly recommend slowly thawing our premium steaks in the refrigerator to guarantee the best results.
STORAGE GUIDE

Kansas City Steak Company has perfected the unique process of freezing steaks at their peak freshness: we call it FlavorLock™. This method locks in flavor and juices and ensures your steak is of the utmost deliciousness.

<table>
<thead>
<tr>
<th></th>
<th>Refrigerator (35°F to 40°F)</th>
<th>Freezer (0°F or Colder)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steaks, Roasts</td>
<td>3 to 5 Days</td>
<td>6 Months (for maximum flavor) to 12 Months</td>
</tr>
<tr>
<td>Steakburgers, Tenderloin Tips/Medallions</td>
<td>1 to 2 Days</td>
<td>3 to 4 Months</td>
</tr>
</tbody>
</table>

DEFROSTING GUIDE

As a simple rule to remember is: 'Freeze Fast, Thaw Slow.' Our FlavorLock™ system guarantees our steaks are frozen at their peak. We recommend thawing slowly to maintain that quality. For best results, our recommendation is that all steaks and roasts be thawed under refrigeration. Place our vacuum-sealed frozen beef on a plate or tray. Steaks and other frozen meat are best prepared immediately after thawing.

<table>
<thead>
<tr>
<th></th>
<th>Refrigerator (35°F to 40°F)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steaks, Burgers</td>
<td>At Least 24 Hours</td>
</tr>
<tr>
<td>Roasts</td>
<td>Up to 3 Days Depending On The Size</td>
</tr>
</tbody>
</table>

Thawing at room temperature or in the microwave is not recommended.

How to Steel a Knife

Contrary to popular belief, the purpose of steeling your knife is not to sharpen it by removing metal, but to restore its edge, or raise a new one. Follow these steps to help maintain your knife’s cutting abilities:

1. Hold the sharpening steel with a firm grip at arms’ length in front of you.
2. Hold the knife by the handle with the tip of the blade pointing upward.
3. Place the knife at a 20-degree angle with light pressure over the steel.
4. Move the blade from the back (wider part of the knife) to the point, by moving your arm but not the wrist.
5. After 10-20 strokes of the knife over the steel, you can test its sharpness with a piece of paper. If your knife easily cuts thin ribbons, it’s good to go.

How to Carve Your Steak

Bone-in cut? Don’t let it intimidate you! Follow these simple steps for the perfect carve:

1. Start with a sharp knife.
2. Cut along the T bone, separating the two steaks.
3. Carve each steak crosswise into slices.

Expert Tip

Always carve across the grain, not with it.

Please visit kansascitysteaks.com or check individual product packaging for thawing instructions for each product. If items feel warm to the touch upon arrival, please contact Customer Service at 800.324.1844. Discard any remaining dry ice carefully. Do not touch dry ice with your bare hands.
Cooking the perfect steak is simple when you start with our premium, high-quality Kansas City Steaks, fully defrosted (according to individual product instructions). Then choose one of our recommended cooking methods:

**GRILL MASTER (CHARCOAL/GAS)**
1. Season, as desired. We recommend Kansas City Steak Original Steak Seasoning. Wait for the steak to come to room temperature for 30-40 minutes. Place steaks over medium, ash-covered coals, or, preheat gas grill on HIGH, then reduce to medium heat while cooking steaks.
2. Grill to desired doneness, according to times listed on page 12, turning once for 1-inch thick steaks, occasionally for thicker steaks.

**STOVETOP SKILLET**
1. Heat a heavy nonstick skillet over medium heat until hot, for about 5 minutes.
2. Season, as desired. We recommend Kansas City Steak Original Steak Seasoning. Wait for the steak to come to room temperature for 30-40 minutes. Place steak(s) in preheated skillet (do not overcrowd). Do not add oil or water. Do not cover. Cook to desired doneness according to the times listed on page 12, turning once for 1-inch thick steaks, occasionally for thicker steaks.

**BROIL**
1. Set oven for broiling; preheat 10 minutes.
2. Season, as desired. We recommend Kansas City Steak Original Steak Seasoning. Wait for the steak to come to room temperature for 30-40 minutes. Place steaks on rack in broiler pan so that the surface of the beef is 3 to 4-inches from the heat. Broil to desired doneness, according to times listed on page 12, turning once.

**SELECTING YOUR STEAK TYPE**

**USDA PRIME**
Only the top 5 to 6 percent of all beef earn the industry rating of USDA ‘Prime.’ The marbling in Prime Beef, which gives the steak its juiciness, tenderness and flavor, is simply exceptional. Our Prime Steak meets even higher standards to be called Private Stock®.

**USDA CHOICE**
USDA Choice Beef is high-quality and has moderate marbling. It is juicy, extremely tender and full-flavored, making it ideal for grilling, roasting or broiling.

**VEAL**
Most veal comes from young males of dairy breeds which are not used for breeding. Veal is extremely tender and is ideal for a savory meal.

**KOBE**
Bred from the world-famous line of Wagyu cattle in Japan, our Wagyu American Kobe Beef is exquisitely marbled for peak flavor. Because it is a delicate cut, it should be seared at extremely high temperatures and should be cooked to medium-rare to enjoy at its best.

Check out kansascitysteaks.com for seasonal offerings.

Steaks are juicier and more tender when cooked to no more than medium-rare doneness. The USDA recommends steaks and roasts be cooked to 145°F and ground beef to 160°F. Be sure to check with a thermometer, as color alone is not a foolproof indicator.
ULTIMATE GUIDE TO COOKING STEAK

To provide you with exact weight steaks, the thickness of each steak may vary. Below are cooking guidelines for several measures of thickness. If your steak is slightly thicker or thinner, adjust the cooking times accordingly. Cooking times are based on fully thawed steaks. We recommend cooking to 135°F-145°F for medium-rare to medium doneness.

Bring thawed steaks to room temperature and pat dry. Season generously with Kansas City Steak Company Original Steak Seasoning. Sear steaks 1-2 minutes per side on high heat; reduce heat to medium. Move steaks to indirect heat and continue grilling using times from chart below, flipping steak halfway through grilling. Remove 5°F below desired doneness. Let stand for 5 minutes to allow juices to be absorbed into the meat and bring steak to desired temperature.

Cooking times are based on fully-thawed steaks. We highly recommend using a meat thermometer for additional accuracy.

FILET MIGNON

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>7-8 min</td>
<td>1½&quot;</td>
<td>9-11 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>9-11 mins</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

KANSAS CITY STRIP STEAKS | BONELESS

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>9-12 min</td>
<td>1½&quot;</td>
<td>12-14 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>12-14 mins</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

KANSAS CITY STRIP STEAKS | BONE-IN

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>10-13 min</td>
<td>1½&quot;</td>
<td>13-15 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>13-15 mins</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

RIBEYE STEAKS | BONELESS

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>9-12 min</td>
<td>1½&quot;</td>
<td>12-15 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>12-15 mins</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

RIBEYE STEAKS | BONE-IN

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>10-12 min</td>
<td>1½&quot;</td>
<td>13-17 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>13-17 mins</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

PORTERHOUSE

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>10-13 min</td>
<td>1½&quot;</td>
<td>14-17 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>13-16 min</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

T-BONE STEAKS

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>10-13 min</td>
<td>1½&quot;</td>
<td>14-17 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>13-16 min</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

TOP SIRLOIN STEAKS

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>9-12 min</td>
<td>1½&quot;</td>
<td>12-15 mins</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>12-15 mins</td>
<td></td>
<td>1½&quot;</td>
</tr>
</tbody>
</table>

STEAKBURGERS

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>½&quot;</td>
<td>7-9 min</td>
<td>¾&quot;</td>
<td>10-12 min</td>
</tr>
<tr>
<td>¾&quot;</td>
<td>10-12 min</td>
<td></td>
<td>¾&quot;</td>
</tr>
</tbody>
</table>

TENDERLOIN TIPS/MEDALLIONS

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-7 mins</td>
<td>4-7 mins</td>
<td>3-5 mins</td>
<td>5-7 mins</td>
</tr>
</tbody>
</table>

GRILLING INSTRUCTIONS FOR STEAKS THICKER THAN 1½"

1. Thaw under refrigeration for at least 24 hours.
2. Bring thawed steaks to room temperature, approximately 30-40 minutes.
3. Pat dry and season steaks as desired on all sides. We recommend Kansas City Steak Original Steak Seasoning.
4. Lightly brush steaks with a neutral oil.
5. Position your coals to form a hot side and a cool side in your grill or, on gas grill, preheat one side to high and one side to low.
6. Sear steaks on the high-heat side of the grill until they develop a rich brown crust, about 2-3 minutes. Flip steaks and sear second side for an additional 2-3 minutes. For a cross-hatch pattern, rotate steaks ¼ turn halfway through searing.
7. Move steaks to indirect heat and cook to desired doneness adding 1-2 minute per additional ½” of thickness.
8. Check the internal temperature of the steak. If not done, move the steaks to the low-heat side and close the grill. Remove from grill when steaks are 10°F below desired doneness (135°F for medium-rare/145°F for medium).
9. Sprinkle with additional seasoning (optional) and rest for 5-10 minutes to allow juices to be absorbed into the meat and bring steak to desired temperature.

*USDA recommends all burgers be cooked to an internal temperature of 160°F. Be sure to check with a thermometer as color alone is not a foolproof indicator.
**FILET MIGNON | BONE-IN**

Back by popular demand, this 12 oz Bone-in Filet Mignon is typically only found at exclusive steakhouses. With even more buttery-rich flavor, this premium filet offers impressive presentation and taste.

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>7-8 min</td>
<td>1&quot;</td>
<td>7-8 min</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>9-11 mins</td>
<td>1½&quot;</td>
<td>9-11 mins</td>
</tr>
</tbody>
</table>

**KANSAS CITY STRIP FILET | BONELESS**

Cut from the center of the flavorful strip loin, our Kansas City Strip Filet is exceptionally tender and marbled to perfection. This extra thick cut Kansas City Strip delivers bold, meaty flavor in every bite.

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>7-8 min</td>
<td>1&quot;</td>
<td>7-8 min</td>
</tr>
<tr>
<td>1½&quot;</td>
<td>9-11 mins</td>
<td>1½&quot;</td>
<td>9-11 mins</td>
</tr>
</tbody>
</table>

**FLAT IRON STEAK | BONELESS**

Also known as a Top Blade Steak, our juicy 6 oz Flat Iron is second in tenderness to the filet mignon. Wonderfully versatile, this cut can be used for anything from a steak dinner to tasty steak sandwiches.

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1½&quot;</td>
<td>12-14 mins</td>
<td>1½&quot;</td>
<td>12-14 mins</td>
</tr>
</tbody>
</table>

**EYE OF RIB ROAST**

Cut from the center of the rib, our Eye of Rib Roast has no bone, no cap and all the rich flavor of a Prime Rib Roast. Easy to prepare, this 3 lb roast is perfect for roasting (and boasting.)

- **Grill**
  - Sear all sides approx. 10 mins. Then indirect heat for:

<table>
<thead>
<tr>
<th>Rare</th>
<th>Oven (375°F)</th>
<th>45-55 mins</th>
<th>45-55 mins</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medium-Rare</td>
<td>55-65 mins</td>
<td>55-65 mins</td>
<td></td>
</tr>
<tr>
<td>Medium</td>
<td>65-75 mins</td>
<td>65-75 mins</td>
<td></td>
</tr>
<tr>
<td>Medium-Well</td>
<td>75-85 mins</td>
<td>75-85 mins</td>
<td></td>
</tr>
</tbody>
</table>

**TOMAHAWK STEAK | BONE-IN**

Sure to provide a jaw dropping experience, these 34 oz Tomahawk Steaks are deliciously marbled and perfect for the most special occasions.

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>2&quot;</td>
<td>20-22 min</td>
<td>2&quot;</td>
<td>20-22 min</td>
</tr>
</tbody>
</table>

**RIBEYE CAP STEAK | BONELESS**

Also known as a rib cap, we’ve taken the most prized part of the Ribeye, a muscle known as spinalis dorsi, and cut it into 6 oz mouthwatering steaks.

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>9-12 min</td>
<td>1½&quot;</td>
<td>12-15 mins</td>
</tr>
</tbody>
</table>

**CENTER-CUT RIBEYE FILET | BONELESS**

For a leaner option with the same bold Ribeye flavor try our Center-Cut Ribeye Filet. With the rib cap removed this 10 oz cut has just the right amount of marbling for an exceptional eating experience.

<table>
<thead>
<tr>
<th>Gas Grill</th>
<th>Charcoal Grill</th>
<th>Skillet</th>
<th>Broil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&quot;</td>
<td>9-12 min</td>
<td>1½&quot;</td>
<td>12-15 mins</td>
</tr>
</tbody>
</table>

**Cooking times are based on fully-thawed steaks. We highly recommend using a meat thermometer for additional accuracy.**
Tie up your filet mignon with some kitchen twine. This will hold it together for uniform cooking and create a beautiful presentation. For flavor, another option is basting and adding flavor layers of garlic, thyme and butter.

– Chef Eric Harland

FLAVORFUL FILET MIGNON

FILET MIGNON GRILLING INSTRUCTIONS FOR PREHEATED GAS GRILL OR RED-HOT CHARCOAL

• Bring thawed steaks to room temperature. Sprinkle generously with our Kansas City Steak Original Steak Seasoning.
• Sear steaks over maximum heat: on a charcoal grill, sear 1 minute each side; on a gas grill, sear 2 minutes each side, then reduce heat to medium.
• Move steaks to indirect heat and continue grilling using times based on thickness: 7 to 8 minutes if 1” thick or 9 to 11 minutes if 1-1/2” thick.

Remove from grill 5°F before desired doneness and allow meat to rest 5 minutes before serving. Juices will be absorbed into the meat and bring meat up to desired temperature. For more information on grilling, visit kansascitysteaks.com/grilling-101.

CHEF’S TECHNIQUE FOR KCS CROWN FILET MIGNON®

Please take special care when preparing our Crown Filet Mignon steaks. They are thicker than average, and are best enjoyed when cooked according to our own chef’s technique.

• Heat oven to 350°F. Heat heavy, ovenproof, nonstick or seasoned cast iron skillet over medium heat on stove top until hot.
• Sear the steaks on one side, about 2 minutes, then turn steaks and place skillet in 350°F oven.
• Cook, uncovered, 17 to 22 minutes for medium-rare doneness; 23 to 28 minutes for medium doneness.
• Remove from oven when steaks are 5°F below desired doneness. Remove from skillet and let stand 5 minutes.

Make a simple pan sauce or simply deglaze the pan with some beef stock and pour over the steaks. Enjoy!

UNIQUE & SIMPLE STEAK TOPPERS

Once you’ve grilled up the perfect steak, add an unexpected, unique flavor twist with one of these simple toppers.

BASIL PESTO
Spread a spoonful of basil pesto on top of hot grilled steaks; top with diced tomato and shredded Parmesan cheese

BLUE CHEESE
Sprinkle crumbled blue cheese on hot steaks

HORSERADISH
Drizzle hot steaks with horseradish sauce; sprinkle with chopped celery leaves

MEXICAN TWIST
Spoon on fresh Pico de Gallo and sprinkle with crumbled Queso Fresco

FRIED EGG
Top with a fried egg

CARAMELIZED ONIONS
Caramelized onions and crumbled prosciutto or bacon

RANCH STYLE
Drizzle with ranch dressing; sprinkle with blue cheese crumbles and crispy onions

GREEKgetStyle
Chopped cucumbers, tomatoes and green onion; drizzle with tzatziki sauce

CAPRESE MIX
Chopped tomatoes, pearl-size fresh mozzarella and thinly sliced fresh basil

What is umami? (pronounced oo-MOM-ee) is the fifth taste - sweet, salty, bitter, sour and umami. Umami is described as meaty and savory. Beef is a natural source of umami, other umami-rich ingredients include: ripe tomatoes (and canned tomato sauces, paste, ketchup), mushrooms, aged cheeses, fermented fish sauces, soy sauce and Worcestershire sauce.
MARINADES

Steaks can be marinated for flavor or tenderness. Tenderizing marinades must contain an acidic ingredient (wine, lemon or lime juice) or a natural tenderizing enzyme (ginger, pineapple, papaya) and a longer marinating time. Place steak(s) in a resealable plastic bag. Pour marinade into bag and seal. Marinate in refrigerator for up to 2 hours (tender steak cuts), 6 to 8 hours or overnight (less tender steak cuts). Please keep in mind that over-marinating with acidic ingredients may make your steak mushy.

RUBS

Dry rubs contain herbs, spices and other dry seasonings and add flavor to steaks. Paste rubs typically contain oil-based ingredients such as mustard, olive oil or crushed garlic. Below are some of our favorites. Visit your local spice market or check online for ingredients that might be difficult to find.

COMPOUND BUTTERS

Compound butters are highly seasoned and a simple way to add flavor. Try one of our finishing butters or create your own. Shape butter into a log on wax paper. Fold paper over butter, twisting ends. Refrigerate for 2 hours. This can be frozen for later use. Slice thinly and put on freshly prepared steaks.

SAUCES

One secret to making a great steak is serving it with a sauce. Start from scratch using one of these easy recipes.
SAVORY CENTERPIECES

IMPRESS YOUR GUESTS WITH A DELICIOUS CENTERPIECE
Whether cooking for family and friends, a celebration, or simply to indulge, these simple roasting steps will set you up for a successful, savory meal.

**BONELESS BEEF PRIME RIB ROAST**
- Thaw roast on a plate in the refrigerator for at least three days before preparing. Place meat fat side up on a rack in a shallow roasting pan. Season with our Kansas City Steak Original Steak Seasoning* (if included in your order). Rub evenly over surface of netted roast, leaving netting on while cooking. Do not add water or cover.
- Roast in 375°F oven until meat thermometer inserted into the center of the roast registers an internal temperature of 135°F (approximately 1½ hours) for medium rare or 145°F (approximately 1½-2 hours) for medium**.
- Remove from oven, cover with aluminum foil and allow to stand 15 to 20 minutes, roast will rise 10°F. Remove netting and trim excess fat before carving.

**BEEF TENDERLOIN ROAST**
- Thaw roast on a plate in the refrigerator for at least two days before preparing. Rub roast with softened butter then sprinkle with our Kansas City Steak Original Steak Seasoning or coarse salt. Place meat on a rack in a shallow roasting pan. Do not add water or cover.
- Roast in 450°F degree oven until the meat thermometer registers 135°F (about 30 minutes). Beef Tenderloin is best when cooked to medium rare doneness. Well done is not recommended because the meat becomes dry and has less flavor.
- Remove from oven, cover with aluminum foil and allow to stand 10 minutes before slicing, roast will rise 10°F.

* Some roasts are pre-seasoned and will not include seasoning packets in your shipment.
** Our roasts are available in various sizes, adjust cooking times when appropriate. We suggest using a meat thermometer to ensure proper doneness.

---

**BONE-IN BEEF PRIME RIB ROAST (5½ LBS.)**
THAW TIME: 3 DAYS
STARTING OVEN TEMP: 450°F (for 15 minutes)
OVEN TEMP: 275°F

<table>
<thead>
<tr>
<th>COOK TIME</th>
<th>DONENESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>~1-1/2 to 2 hrs</td>
<td>Medium Rare (135°F)</td>
</tr>
<tr>
<td>2 to 2-1/2 hrs</td>
<td>Medium (145°F)</td>
</tr>
</tbody>
</table>

**HICKORY SMOKED HAM**
BONE-IN (7¼-8½ lbs.), BONELESS (4½-5½ lbs.)
(FULLY COOKED) THAW TIME: 2-3 DAYS

To heat, remove all packaging materials including the clear plastic button on bone. Place ham flat side down in pan. Heat in preheated 350°F oven for 60-75 minutes (bone-in ham) and for 30 minutes (boneless ham) or until 140°F. Let rest 15 minutes before serving.

**LEG OF LAMB (6-7 LBS.)**
THAW TIME: 2-3 DAYS
OVEN TEMP: 325°F

<table>
<thead>
<tr>
<th>COOK TIME</th>
<th>DONENESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1½ to 2 hrs</td>
<td>Medium Rare (145°F)</td>
</tr>
<tr>
<td>2 to 2¼ hrs</td>
<td>Medium (160°F)</td>
</tr>
</tbody>
</table>

---

**HICKORY SMOKED TURKEY (9-11 LBS.)**
HERB ROASTED TURKEY (10-12 LBS.) (FULLY COOKED) THAW TIME: 2-3 DAYS

To heat, remove plastic wrapping and rewrap thawed turkey in aluminum foil. Heat in preheated 350°F oven for 1¼ to 1¾ hours or until 140°F. Let rest 15 minutes before serving.

Notes:
- Turkey will be slightly pink due to smoking process. Do not stuff turkey, by the time the stuffing is done the turkey would be overcooked and dry. Cook stuffing separately. For carving instructions, go to: kansascitysteaks.com/recipe-carve

---

For another great recipe, go to: kansascitysteaks.com/recipe/marinated-and-grilled-tenderloin-roast
---

To glaze ham: Remove the ham from the oven; increase oven to 425°F. Prepare glaze according to packet directions. Brush glaze over ham. Return to oven for 10 minutes. Let rest 15 minutes before serving.
THE GRILL IS AS EASY AS 1-2-3

1. Prepare charcoal grill for indirect cooking by placing an aluminum foil drip pan in the center, then arranging an equal number of charcoal briquettes on each side. When coals are medium, ash-covered (about 25 minutes), add a few new briquettes to each side. Position the cooking rack handles over coals so adding extra briquettes is easy.

2. Season thawed Beef Prime Rib. Place on cooking rack directly over drip pan.

3. Cover with grill lid and grill until thickest part of roast reaches internal temperature 125°F for rare, 130°F for medium rare, 135°F for medium, 145°F for medium well and 160°F for well done. Turning is usually not necessary. Add three to four additional briquettes to each side every 30 minutes or as necessary to maintain proper heat during grilling. Transfer roast to carving board; tent loosely with aluminum foil. Let stand 15 minutes. The temperature will continue to rise about 10°F to reach desired doneness and roast will be easier to carve.

Note: If using a gas grill, omit the aluminum foil drip pan. Preheat the grill on high. Place the Beef Prime Rib in the center, turning off the burner(s) directly under the roast. Cover and grill until desired doneness (see Step 3 above).

PREPARE CHARCOAL GRILL FOR INDIRECT COOKING

Prepare grill for indirect cooking (Step 1 above) and proceed as follows:

1. Place thawed seasoned Beef Tenderloin Roast on cooking rack directly over the coals; sear 5 to 10 minutes until nicely browned. Move roast to center for indirect cooking.

2. Cover with grill lid and grill until thickest part of roast reaches internal temperature 125°F for rare, 130°F for medium rare, 135°F for medium, 145°F for medium well and 160°F for well done. Turning is usually not necessary. Add three to four additional briquettes to each side every 30 minutes or as necessary to maintain proper heat during grilling. Transfer roast to carving board; tent loosely with aluminum foil. Let stand 15 minutes. The temperature will continue to rise about 10°F to reach desired doneness and roast will be easier to carve.

Note: If using a gas grill, preheat the grill on high. Sear Beef Tenderloin Roast 5 to 10 minutes until nicely browned. Move to the center, turning off the burner(s) directly under the roast. Cover and grill until desired doneness (see Step 3 above).

STORING LEFTOVERS

Cook once, eat twice! After entertaining, leftovers provide a bonus meal or two after the party. Here are a few tips for safely storing leftovers:

Keep bacteria out and protect the flavor of leftovers by storing them in airtight storage containers or aluminum foil. Slice roasts, turkeys and ham into smaller pieces and divide into containers; cool foods rapidly by refrigerating or freezing within 2 hours. Leftovers should be eaten within 3 to 4 days or can be frozen for 3 to 4 months. After thawing frozen leftovers in the refrigerator or microwave, they should be eaten within 3 to 4 days.

MAKE EVERY OCCASION EASY

UNFORGETTABLE MEALS TO IMPRESS YOUR GUESTS

Whether you’re hosting a dinner party, or just looking to shake up a Tuesday night dinner, check out these dishes and use them as inspiration to serve up something unforgettable.

BEEF TENDERLOIN MEDALLIONS

Cut from aged Tenderloin, these petite 2 oz. Filet Mignon Medallions have all the melt-in-your-mouth tenderness as our traditional Filets. Fitting for a lighter meal, they are also perfect for kabobs, stir-fry, steak salad or even a treat at breakfast.

BEEF WELLINGTON

A meal to behold. Our Beef Wellington delivers a gourmet look and taste to your dinner table. The finest beef Filet Mignon are layered with a savory mushroom duxelles before being wrapped in a light, flaky puff pastry. Simply bake and serve for an elegant and delicious meal that is sure to impress your guests.

COOKING INSTRUCTIONS: Position a rack in the upper third of an oven and preheat to 400°F. Place the Beef Wellington on a greased baking sheet. Bake until the pastry is golden brown and a meat thermometer inserted into the center registers 130°F-135°F for medium rare (22-25 minutes), or 145°F for medium (25-28 minutes). Let rest 5 minutes before serving. Appliances vary; adjust accordingly.

TOP SIRLOIN SANDWICH STEAKS

From appetizers to salads, small meals to steak and eggs, the opportunities for our boneless Top Sirloin Sandwich Steaks are endless. Of course, our 4 oz. steaks are perfect for sandwiches, too.

THAW on a plate in refrigerator for at least 24 hours.

SKILLETS: Heat a heavy, nonstick skillet over medium high heat until hot. Add steaks; cook 1.5 to 2 minutes per side to medium rare doneness, turning once.

“An impressive meal doesn’t have to be difficult to prepare – savvy options like these are convenient and sure to please!”
– Chef Darci Bos

MAKE EVERY OCCASION EASY

UNFORGETTABLE MEALS TO IMPRESS YOUR GUESTS

Whether you’re hosting a dinner party, or just looking to shake up a Tuesday night dinner, check out these dishes and use them as inspiration to serve up something unforgettable.

BEEF TENDERLOIN MEDALLIONS

Cut from aged Tenderloin, these petite 2 oz. Filet Mignon Medallions have all the melt-in-your-mouth tenderness as our traditional Filets. Fitting for a lighter meal, they are also perfect for kabobs, stir-fry, steak salad or even a treat at breakfast.

BEEF WELLINGTON

A meal to behold. Our Beef Wellington delivers a gourmet look and taste to your dinner table. The finest beef Filet Mignon are layered with a savory mushroom duxelles before being wrapped in a light, flaky puff pastry. Simply bake and serve for an elegant and delicious meal that is sure to impress your guests.

COOKING INSTRUCTIONS: Position a rack in the upper third of an oven and preheat to 400°F. Place the Beef Wellington on a greased baking sheet. Bake until the pastry is golden brown and a meat thermometer inserted into the center registers 130°F-135°F for medium rare (22-25 minutes), or 145°F for medium (25-28 minutes). Let rest 5 minutes before serving. Appliances vary; adjust accordingly.

TOP SIRLOIN SANDWICH STEAKS

From appetizers to salads, small meals to steak and eggs, the opportunities for our boneless Top Sirloin Sandwich Steaks are endless. Of course, our 4 oz. steaks are perfect for sandwiches, too.

THAW on a plate in refrigerator for at least 24 hours.

SKILLETS: Heat a heavy, nonstick skillet over medium high heat until hot. Add steaks; cook 1.5 to 2 minutes per side to medium rare doneness, turning once.

“An impressive meal doesn’t have to be difficult to prepare – savvy options like these are convenient and sure to please!”
– Chef Darci Bos

MAKE EVERY OCCASION EASY

UNFORGETTABLE MEALS TO IMPRESS YOUR GUESTS

Whether you’re hosting a dinner party, or just looking to shake up a Tuesday night dinner, check out these dishes and use them as inspiration to serve up something unforgettable.

BEEF TENDERLOIN MEDALLIONS

Cut from aged Tenderloin, these petite 2 oz. Filet Mignon Medallions have all the melt-in-your-mouth tenderness as our traditional Filets. Fitting for a lighter meal, they are also perfect for kabobs, stir-fry, steak salad or even a treat at breakfast.

BEEF WELLINGTON

A meal to behold. Our Beef Wellington delivers a gourmet look and taste to your dinner table. The finest beef Filet Mignon are layered with a savory mushroom duxelles before being wrapped in a light, flaky puff pastry. Simply bake and serve for an elegant and delicious meal that is sure to impress your guests.

COOKING INSTRUCTIONS: Position a rack in the upper third of an oven and preheat to 400°F. Place the Beef Wellington on a greased baking sheet. Bake until the pastry is golden brown and a meat thermometer inserted into the center registers 130°F-135°F for medium rare (22-25 minutes), or 145°F for medium (25-28 minutes). Let rest 5 minutes before serving. Appliances vary; adjust accordingly.

TOP SIRLOIN SANDWICH STEAKS

From appetizers to salads, small meals to steak and eggs, the opportunities for our boneless Top Sirloin Sandwich Steaks are endless. Of course, our 4 oz. steaks are perfect for sandwiches, too.

THAW on a plate in refrigerator for at least 24 hours.

SKILLETS: Heat a heavy, nonstick skillet over medium high heat until hot. Add steaks; cook 1.5 to 2 minutes per side to medium rare doneness, turning once.

“An impressive meal doesn’t have to be difficult to prepare – savvy options like these are convenient and sure to please!”
– Chef Darci Bos
In addition to restaurant quality steaks, the Kansas City Steak Company sells other incredible, flavorful products. From double smoked bacon to tenderloin, our pork offerings make fantastic meals that are far from ordinary. If you're in need of a meal that will really wow your guests, our veal and seafood will do the trick. Whether it's Veal Osso Buco, salmon, lobster tails or creating a memorable surf-and-turf experience, we have what you need. We also offer chicken options, including Stuffed Chicken Breasts and Chicken Wellington. If you're in the mood to throw some boneless chicken breasts on the grill at a barbecue, we've got you covered.

“Try blending some bourbon with brown sugar, soy sauce, garlic and Dijon mustard for a sweet and tangy glaze to brush on your wild sockeye salmon.”

– Chef Adrian Cruz

Berkshire Pork Tenderloin

THAW on a plate in the refrigerator overnight. Pork tenderloins will cook quickly and can be prepared simply as is, dry rubbed or seasoned with marinades. You can also slice into medallions and sauté.

OVEN: Preheat oven to 350°F. After seasoning to taste, sear the tenderloin on all sides in a hot skillet with a small amount of olive oil. Move tendonless into a shallow pan. Do not add liquid; do not cover. Place in oven for approximately 20 minutes or until 145°F (medium rare) or 160°F (medium). Remove from heat and cover for 10 minutes. When cooking pork, you want a slight pink color.

Bacon Wrapped Pork Chops

THAW on a plate in the refrigerator overnight. Remove metal pin from bacon before serving.

GRILL: Season pork chops with Kansas City Steak Original Steak Seasoning or your own seasoning blend and let rest on a lined sheet pan for 10 minutes. Preheat grill to medium high, when grill is ready place pork chop on foil. Cook covered over indirect heat for approximately 20 to 25 minutes or until internal temperature reaches 160°F as measured by a thermometer. Allow to rest for 3-5 minutes before serving.

OVEN: Preheat oven to 350°F. Place chops on foil-lined, raised-edge baking sheet. Bake for approximately 25 minutes or until 160°F. As always, when cooking pork, you want a slight pink color.

Bone-in Ham Steaks (Fully-Cooked)

THAW on a plate in the refrigerator overnight.

STOVE TOP: Sauté lightly in pan with skilet seasoning or butter. Do not overcook, just heat through.
DELIGHT WITH
DISTINCTIVE VEAL

VEAL OSSO BUCO

INGREDIENTS:
4 Veal Shanks for Osso Buco
Flour as needed
1 Tbsp. olive oil
1 Tbsp. butter
1¼ cup finely chopped onions
¹/³ cup finely chopped carrots
¹/³ cup finely chopped celery
2 cloves garlic, minced
¼ tsp. dried marjoram
½ cup dry white wine
1 can (12 oz.) diced tomatoes
¾ cup veal stock or chicken broth
Salt and pepper to taste
Zest from 1 lemon

Gremolata:
1 Tbsp. minced fresh parsley, 1 tsp. lemon zest, and 2 minced garlic cloves

1. Thaw veal shanks on a plate in the refrigerator overnight. Preheat oven to 350°F.
2. Tie each piece of veal around the perimeter to hold the meat to the bone. Lightly dust with flour. Heat large oven-proof pan over medium-high heat. Add oil and butter. Brown the veal on all sides and then remove from pan and reserve in a warm place. Add the onions, carrots, celery, garlic and marjoram to the pan and cook until soft. Add wine, deglaze the pan, and reduce by half. Add tomatoes and stock; simmer 10 minutes. Season with salt and pepper. Return browned veal shanks to the mixture, add lemon peel. Cover and place in oven for 1 to 1¼ hours or until fork tender.
3. Remove veal; keep warm. Puree the sauce in the blender. Add gremolata, combine the parsley, lemon zest, and garlic. Return sauce to veal in pan. Cover and place in oven for about 1 minute more until chicken is done, being careful not to burn the almonds. Pull off the grill and allow it to rest a few moments before serving. Serve with any type of rice and steamed vegetables.

VEAL CUTLETS

THAW on a plate in the refrigerator 6 to 8 hours or overnight.

STOVE TOP: Heat a heavy nonstick skillet over medium heat until hot, about 5 minutes. Season as desired. Place chops in a preheated skillet as not to over crowd. Feel free to use a little olive oil or butter when cooking for flavor! Cook to an internal temperature of 130°F. Once that is reached, take off stove and cover for 5 minutes. Your serving temperature should be 135°F, a perfect medium rare.

BONELESS CHICKEN BREASTS

Boneless chicken breasts are always an item to have on hand for a quick meal. Chicken breasts can dry out easily, so they're best cooked quickly over high heat. Thaw in the refrigerator overnight and bake, grill or skillet prepare until internal temperature reaches 165°F.

STUFFED CHICKEN BREASTS

Remove from packaging and place on parchment-lined baking sheet.

OVEN: Bake from frozen in upper rack of oven at 375 degrees F. Bake until the pastry is golden brown and center registers 160°F, approximately 50-80 minutes. Appliances vary, adjust accordingly.

STOCKS

THAW on a plate in the refrigerator overnight.

GRILL: Place chops over medium, ash-covered coals for charcoal grilling. Preheat gas grills on high, then reduce heat to medium heat while cooking chops. Grill about 12 to 14 minutes for medium doneness, turning once.

STOVE TOP: Heat a heavy nonstick skillet over medium heat until hot. Add cutlets; cook 3 to 4 minutes (¹/₄" thick) or 5 to 6 minutes (½" thick), turning once. Remove and serve immediately.

CHICKEN WELLINGTON

Remove from packaging and place on parchment-lined baking sheet.

OVEN: Bake from frozen in upper rack of oven at 375°F for 20 minutes or until internal temperature of 165°F is reached. Appliances vary, adjust accordingly.

HONEY ALMOND BONELESS
CHICKEN BREAST RECIPE

4 SERVINGS
20 MIN Prep Time
20 MIN Cook Time

INGREDIENTS
• 4 Boneless Chicken Breasts
• 1/4 cup honey
• 1/4 cup almonds, sliced and toasted
• salt and pepper to taste

INSTRUCTIONS: Season Boneless Chicken Breasts with salt and pepper on both sides. Place on a hot grill, and grill on both sides until almost done. When the chicken is almost done, brush a little bit of hot water to thin it out so it will brush on better.
SALMON 101

Sockeye (Red) Salmon is a species known for its rich flavor, deep red color and firm texture.

King (Chinook) Salmon is one of the largest salmon species prized for its high Omega-3 content and succulent meat.

Smoked Salmon is a blanket term for any salmon cured with hot or cold smoke.

Hot-smoked is smoked at 120°F to 180°F for 6 to 12 hours, fully-cooking the salmon giving it a flaky texture.

Cold-smoked is cured before smoking at 75°F to 85°F usually for 6 to 12 hours. Cold smoked is best used in uncooked dishes, because heat changes the silky texture.

Nov© is cured, then cold smoked.

Lox is cured in a salted brine, and only sometimes smoked.

Gravlax, a Swedish preparation, is cured in salt, sugar and dill.

WILD SOCKEYE SALMON

THAW on a plate in the refrigerator overnight. When ready to prepare, preheat the oven to 400°F. Remove salmon from packaging and place skin-side down on a sheet pan sprayed with nonstick oil. Bake for 12-12 minutes or until internal temperature reaches 150°F when measured with a thermometer.

FROZEN: Preheat the oven to 400°F. Remove salmon from packaging and place skin-side down on a sheet pan sprayed with nonstick oil. Bake for 30-35 minutes or until internal temperature reaches 150°F when measured with a thermometer.

WILD CHILEAN SEA BASS

THAW on a plate in the refrigerator for several hours or overnight.

OVEN: Preheat oven to 350°F. Heat a small amount of olive oil in an oven-proof pan until hot. Sear Ahi Tuna one minute per side. Place in oven; cook 10 to 12 minutes.

STOVE TOP: Preheat grill. Brush Ahi Tuna Fillets with olive oil. Season as desired. Grill Fillets 5-6 minutes on each side, until opaque throughout.

WILD AHI TUNA

THAW on a plate in the refrigerator immediately prior to use.

OVEN: Preheat oven to 350°F. Heat a small amount of olive oil in an oven-proof pan until hot. Sear Ahi Tuna one minute per side. Place in oven; cook 10 to 12 minutes.

GRILL: Preheat grill. Brush Ahi Tuna Fillets with olive oil. Season as desired. Grill Fillets for 1 minute on each side or until seared. Thicker portions may take slightly longer. Avoid over cooking.

MARYLAND STYLE CRAB CAKES

THAW on a plate in the refrigerator. Preheat oven to 400°F place frozen cakes on a baking sheet. Bake for approximately 20 minutes.

OVEN: Preheat oven to 375°F. Remove from packaging and place in oven; bake 5 to 6 minutes until shells turn orange-red and meat is solid white. If desired, serve with drawn butter.

STOVE TOP: Bring a large pot of water to a boil. Carefully add FROZEN tails. Return to a boil; cook 5 to 6 minutes until shells turn orange-red and meat is solid white. If desired, serve with drawn butter.

GRILL: Thaw in refrigerator overnight. Place the tails shell side down on cutting board, and cut the tails lengthwise in half to expose the meat. Grill the tails shell side down over direct medium heat with lid closed approximately 8 minutes, or until meat is solid white.

MARYLAND STYLE CRAB CAKES

THAW on a plate in the refrigerator. Preheat oven to 350°F place frozen cakes on a baking sheet. Bake for approximately 15 minutes at 400°F.

OVEN: Preheat oven to 400°F. Place cakes on greased baking sheet and bake for 12-14 minutes, until opaque throughout.

STOVE TOP: Preheat 1 tsp of olive oil per portion in a saute pan over medium heat. Season fillets as desired. Grill Fillets for 1 minute on each side, until opaque throughout.

WILDBRANDED BUTTER

Remove from heat. Skim foam from top; discard. Carefully add FROZEN tails. Return to a boil; cook 5 to 6 minutes until shells turn orange-red and meat is solid white. If desired, serve with drawn butter.

STOVE TOP: Bring a large pot of water to a boil. Carefully add FROZEN tails. Return to a boil; cook 5 to 6 minutes until shells turn orange-red and meat is solid white. If desired, serve with drawn butter.

GRILL: Thaw in refrigerator overnight. Place the tails shell side down on cutting board, and cut the tails lengthwise in half to expose the meat. Grill the tails shell side down over direct medium heat with lid closed approximately 8 minutes, or until meat is solid white.

HOW TO MAKE DRAWN BUTTER

Melt butter in a small saucepan over low heat until it foams and solids sink to the bottom of the pan. Remove from heat. Skim foam from top; discard. Carefully pour clear butter into container, leaving any solids in pan. Serve warm with lobster or crab claws. Drawn butter can be made ahead and refrigerated, warm before serving. Warm on top of the stove or in microwave before serving.
APPETIZERS & SIDES

Our versatile appetizers are a beautiful way to start a meal. From Crab and Lobster Mini Grilled Cheese to Crispy Asiago Asparagus, or Scallops Wrapped in Bacon, there’s a taste for everyone at your dinner party.

Visit kansascitysteaks.com for detailed cooking directions for appetizers and sides.

“Planning your menu and prepping in advance relieves stress the day of—so keep appetizers easy, tasty and user friendly!”

— Chef Sherri Williams

CRAB AND LOBSTER MINI GRILLED CHEESE

OVEN: Bake from frozen in a pre-heated 350 °F oven for 12-14 minutes. Cook all product to an internal temperature of 165°F.

CRISPY ASIAGO ASPARAGUS

OVEN: Bake from frozen in a pre-heated 375°F oven for 16-18 minutes or until golden brown.

SCALLOPS WRAPPED IN BACON

OVEN: Bake from frozen in a pre-heated 375°F oven for 18-20 minutes. Cook all product to an internal temperature of 165°F.

MAC N’ CHEESE MELTS

OVEN: Bake from frozen in a pre-heated 350 °F oven for 12-14 minutes. Cook all product to an internal temperature of 165°F.

BRIE EN CROUTE WITH RASPBERRY

OVEN: Bake from frozen in a pre-heated 400°F oven for 20-22 minutes. Cook to an internal temperature of 165°F.

SHRIMP WRAPPED IN BACON

OVEN: Bake from frozen in a pre-heated 375°F oven for 18-20 minutes. Cook all product to an internal temperature of 165°F.
STEAKBURGERS

The Kansas City Steak Company® steakburgers can be prepared from either frozen or thawed. Use easy peel corner to remove top of plastic and take out patties. Steakburgers that are 5 ounces or less are packaged two per vacuum seal with wax paper separating each patty. Be sure to remove the wax paper before cooking. Steakburgers should be cooked to medium (160°F) doneness.

GRILL:
Sear burgers 1 minute on each side over direct heat to seal in juices. Move to indirect heat. Grill for approximately 6-8 minutes per side until internal temperature reaches 160°F, checking to ensure patties are not burning. Do not press burgers with spatula.

GRILLING MACHINE:
Preheat machine for 5 minutes. Place burgers on the grilling machine and close lid. Use tongs, not a fork, to put them in and take them out.

BROILING:
Preheat oven broiler for 10 minutes. Place burgers on rack in broiler pan so the surface of the burger is 3 to 4-inches from the heat. Cook for approximately 6-8 minutes per side until internal temperature reaches 160°F.

PAN FRYING:
Preheat a skillet or grill pan over medium heat until hot, for about 5 minutes. Do not overcrowd. Do not cover. Cook on medium heat, flipping occasionally, until internal temperature reaches 160°F.

For best results, cook all sides from FROZEN, unless specified. If a side is not listed below, check our website for cooking directions. Microwave ovens vary; cooking times may need to be adjusted.

Visit kansascitysteaks.com for detailed cooking directions for sides.

GET GRILLING WITH HOT DOGS AND STEAKBURGERS

The key to a juicy beef hot dog is to use tongs; never a fork. If you stab the dog, all the juices will run out. Whether grilling, broiling, steaming, pan frying or boiling, the goal is to always heat evenly and quickly.

Check Out All Our Steakburger Options Online at kansascitysteaks.com/burgers:

- Brisket Chuck Burgers
- Sirloin Craft Burgers
- Classic Steakburger Sliders
- Cheddar Bacon Steakburgers
- Sweet Vidalia® Onion Steakburgers
- Garlic Butter Steakburgers
- USDA Prime Steakburgers
- American Style Kobe Steakburgers

MAC & CHEESE
Remove plastic covering; cook uncovered.

TWICE BAKED POTATOES

FROM FROZEN
MICROWAVE (RECOMMENDED): Microwave (Recommended): Remove from packaging. For 8 oz. potatoes, microwave on high 3-4.5 minutes and for 5 oz. potatoes, microwave on high 2-2.5 minutes. Microwave ovens cooking times may vary.

OVEN: Remove from packaging. Preheat oven to 400°F. For 8 oz. potatoes, bake 40 minutes and for 5 oz. potatoes, bake 25 minutes.

CREAMED SPINACH

FROM FROZEN
OVEN: Remove from packaging; cook uncovered. Preheat oven to 450°F. Spread fries in a single layer on a baking sheet. Bake 18 to 20 minutes for a half sheet; 22 to 24 minutes for a full sheet, turning fries halfway through.

GREEN BEAN CASSEROLE

THAWED: Pre heat oven to 350°F. Remove product from container and place in an oven safe dish. Cover with foil and bake for 20-25 minutes. Then uncover and place back in oven for an additional 5-8 minutes.

FROZEN: Add an extra 20 minutes to the cooking time above.

GOURMET CREAMED CORN

FROZEN: Cook covered with hot at 325°F for 30 minutes. Uncover; stir and then finish baking for 10-20 minutes.

THAWED: Follow the above directions but reduce cooking by 10-15 minutes.

KC STEAK FRIES

FROM FROZEN
OVEN: Remove from packaging; cook uncovered. Preheat oven to 450°F. Spread fries in a single layer on a baking sheet. Bake 18 to 20 minutes for a half sheet; 22 to 24 minutes for a full sheet, turning fries halfway through.

HOT DOGS

PARTIALLY THAW hot dogs on a plate in the refrigerator.

Use scissors or kitchen shears to cut through the packaging. Hot dogs should measure a recommended internal temperature of 160°F using a meat thermometer before serving.

GRILL: Put partially thawed dogs on the grill and turn frequently to achieve even browning. It only takes a few minutes until they’re perfect!

GRILLING MACHINE: Preheat machine for 5 minutes. Place hot dogs on the grilling machine and close lid. Use tongs, not a fork, to put them in and take them out.

Vidalia® is a registered Certification Mark of the Georgia Department of Agriculture; however, use of the Mark in no way indicates endorsement of this product by said Department.
HICKORY SMOKED BRISKET

Fully-cooked and only need to be reheated to serve.

**THAW** on a plate or tray in the refrigerator for 1 day or overnight.

**OVEN**: Preheat oven to 350°F. Remove from packaging and place in shallow baking dish. Cover and cook approximately 20 to 30 minutes or until warm (140°F).

---

SMOKED BABY BACK PORK RIBS

**THAW** on a plate or tray in the refrigerator for 1 day or overnight.

**OVEN**: Preheat oven to 325°F. For ribs with no sauce, remove from packaging, place on baking sheet and cover with aluminum foil. Cook until warm, about 1 hour. For ribs with sauce, follow directions above, but brush ribs with sauce prior to heating.

---

PORK SPARE RIBS

Fully-cooked and only need to be reheated to serve.

**THAW** on a plate or tray in the refrigerator for 1 day or overnight.

**OVEN**: Preheat oven to 400°F. Remove from packaging and place in a broiler pan. Heat until warm, about 20 minutes.

**GRILL**: Remove spare ribs from packaging and wrap in aluminum foil. Place covered ribs on 350°F-450°F grill and heat for 8 minutes. Flip halfway through. Remove from grill and let rest 5 minutes.

---

PULLED PORK

**THAW** on a plate or tray in the refrigerator for 1 day or overnight.

**OVEN**: Preheat oven to 400°F. Remove from packaging and heat in oven until warm, about 15 minutes.

**MICROWAVE**: Remove pulled pork from packaging and put in a microwave safe container. Place in the microwave and cover while heating. Heat on high for approximately 3½ to 4½ minutes. Remove from microwave and rest for 2 minutes.

**OVEN**: Preheat oven to 375°F. Remove from packaging and place in an oven safe dish. Cover with aluminum foil and cook approximately 20 minutes or until warm.

---

Our slow-smoked, rich-sauced, signature barbecued meat sets Kansas City apart. From Baby Back Ribs to Burnt Ends, Smoked Brisket to Sauces, we offer something for every barbecue lover, and help our city live up to its world-class reputation.

“No one does brisket and burnt ends quite like Kansas City! However, you can substitute brisket for any number of beef cuts. It will be a world-class experience just like our city’s barbecue reputation.”

– Chef Dave Elliott

---

KANSAS CITY — WE OWN BARBECUE

Our slow-smoked, rich-sauced, signature barbecued meat sets Kansas City apart. From Baby Back Ribs to Burnt Ends, Smoked Brisket to Sauces, we offer something for every barbecue lover, and help our city live up to its world-class reputation.
Let us help you grow your business relationships. The Kansas City Steak Company offers gift packages which are sure to impress your clients, employees and business associates.

Give us a call at 866.511.1527
We are happy to help you design a program that meets your needs and budget.

CONTACT CUSTOMER SERVICE AT
The Kansas City Steak Company
PO Box 20566, Kansas City, MO 64195
800.524.1844
customerservice@kansascitysteaks.com

kansascitysteaks.com